Energy-saving checklist

- [ ] Switch to LED bulbs
- [ ] Use smart plugs for standby devices
- [ ] Set fridge to about 3–4 °C and freezer to −18 °C
- [ ] Wash at 30 °C where possible
- [ ] Air-dry laundry
- [ ] Seal draughts around doors and windows
- [ ] Service heating and cooling equipment
- [ ] Use timers and thermostats
- [ ] Check tariff for off-peak rates

Notes

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